

The Department of Preventive Medicine at ABC Medical Center recommends the following package for the proper preventive health assessment of its patients:

2020

Contemporary Check-up (formerly Executive Plus Check-Up)

Includes:



1. Medical Assessment

- Examination by an internal medicine physician (medical history and physical exam).
- Eye exam.
- Dental exam.
- Nutritional assessment.
- Interpretation and diagnosis.



2. Laboratory tests:

- Uric acid test.
- ALT/GPT.
- Prostate-specific antigen test (for male patients).
- Anti-HIV 1/HIV-2 test.
- Apolipoprotein B.
- AST/SGOT.
- Fractionated bilirubin.
- Indirect bilirubin.
- Direct bilirubin.
- Total bilirubin.
- Complete blood count (CBC).
- Serum calcium.
- Cystatin C.
- Coproparasitoscopic study (single stool sample).
- Creatinine.
- Lactate Dehydrogenase.
- Urinalysis (clinical urine test).
- Alkaline phosphatase.
- Serum phosphorus.
- GGT (Gamma-glutamyl transferase)
- Blood glucose.
- RH and blood group.
- Glycosylated hemoglobin A1c
- Lipid profile.
- Total cholesterol.
- HDL cholesterol.
- LDL cholesterol.
- LDL / HDL cholesterol.
- HDL cholesterol / total cholesterol.
- Triglycerides.

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- Blood urea nitrogen (BUN).
- Total protein test.
 - A/G ratio.
 - Globulin.
 - Albumin.
- Occult blood stool test (single sample).
- Thyroid stimulating hormone (TSH).
- Erythrocyte sedimentation rate.



3. X-Ray and Molecular Imaging

- Chest X-ray.
- Upper abdominal ultrasound.
- Pelvic ultrasound.



4. Pathology

- Pap smear test.



5. Pulmonary physiology

- Simple spirometry.



6. Cardiovascular examination

- Resting Electrocardiogram.
- Stress test.

- › The cost of this check-up is **\$18,400 (VAT included)**.
 - › For female patients who would like a mammogram, the cost is **\$19,400 (VAT included)**.
 - › To add bone density test (without mammogram): **\$20,800 (VAT included)**.
 - › For both mammogram and bone density test: **\$22,100 (VAT included)**.
- Prices valid until december 31, 2020. Prices are in Mexican pesos.

In addition, our patients may, add a comprehensive CT scan (head to pelvis) for **\$11,625 (VAT included)**. At an additional cost, the CT scan provides high resolution images with excellent anatomical detail, which will provide valuable information for diagnosing skull, sinus, neck and spine conditions. This study can be requested while making your appointment.

Ask about our other check-ups: **Pediatric Check-up** (for kids), **Teen Check-up** (for teens), **Vital Check-up**, **Wellness Check-up**, **Active Check-up** and **Mature Check-up**.

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