



Check up 60+ Mature Female

The Department of **Preventive Medicine at ABC Medical Center** recommends this **Senior Check up** for the proper preventive assessment of patients. It includes:

| **2026**



Laboratory tests

- A/G ratio
- Alanine transaminase (ALT/GPT)
- Albumin
- Amylase
- Apolipoprotein B
- Aspartate transaminase (AST/GOT)
- AST/ALT ratio
- Blood count
- Blood urea nitrogen
- BUN/creatinine ratio
- Calcium
- Carbon dioxide
- Chlorine
- Coprological test
- Creatinine
- Cystatin C
- Direct bilirubin
- Ferritin
- Gamma-glutamyl transferase (GGT)
- Globulin
- Glucose
- Glycated hemoglobin A1C
- HDL cholesterol (High-Density Lipoprotein)
- 25-hydroxycholecalciferol
- Indirect bilirubin
- Lactate dehydrogenase (LDH)
- LDL cholesterol

- LDL cholesterol/ HDL cholesterol
- Lipase
- Lipoprotein (a)
- Magnesium
- Na/Cl difference
- Phosphate
- Potassium
- Sodium
- Total bilirubin
- Total cholesterol
- Total cholesterol / HDL cholesterol
- Total protein
- Triglycerides
- TSH Ultrasensitive Thyrotropin
- T4L Free Thyroxine
- Ultra-sensitive PCR
- Uric acid
- Urinalysis (clinical urine test)
- Very low-density cholesterol VLDL



Medical Evaluation

- Nutritional assessment
- Ophthalmological exam
- Evaluation by internist or geriatrician (medical history and physical examination)
- Interpretation and diagnosis

Observatorio Campus

Sur 136 No.116, Las Américas,
01120, Álvaro Obregón, Cd. de México.
55 5230-8000

Health Permit 2001003633

Santa Fe Campus

Av. Carlos Graef Fernández No.154, Santa Fe,
05300, Cuajimalpa, Cd. de México.
55 1103-1600

Health Permit 1005001030

centromedicoabc.com





Radiology and Molecular Imaging

- Chest X-Ray AP
- Coronary calcium score
- Densitometry
- Panoramic dental X-Ray
- Pelvic ultrasound
- Upper abdominal ultrasound



Cardiovascular Diagnostic Center

- Resting electrocardiogram
- Transthoracic echocardiogram



Pathology

- Pap smear

Cost of this Check up:

With spine and hip densitometry:

- Mature Female: **\$17,500***
- Mature Female with mammogram: **\$19,100***
- Mature Female with spirometry: **\$18,200.01***
- Mature Female with spirometry and mammogram: **\$19,900***

With full body densitometry:

- Mature Female: **\$19,000***
- Mature Female with mammogram: **\$20,600***
- Mature Female with spirometry: **\$19,600***
- Mature Female with spirometry and mammogram: **\$21,400***

*Prices include VAT, in Mexican pesos. Valid until **December 31, 2026** or until further notice.

No account statements are provided for check-ups, as they are offered as a package.

Check-up available at Observatorio Campus and Santa Fe Campus

Ask about our other check-ups:

- **Children's Check-up**
- **Essential Check-up**
- **General Check-up**
- **Complete Check-up**
- **Gynecological Check-up**
- **Teen Check-up**

The check-ups are segmented by age group, however you can decide based on your health needs or medical recommendation.

Contact us

Observatorio Campus 55 5230-8000

Santa Fe Campus 55 1103-1600

citas_medprev@abchospital.com