



Check up 18+ Essential Male

The Department of **Preventive Medicine at ABC Medical Center** recommends this **Essential Check up** for the proper preventive assessment of patients. It includes:

| **2026**



Laboratory tests

- A/G ratio
- Alanine transaminase (ALT/GPT)
- Albumin
- Amylase
- Aspartate transaminase (AST/GOT)
- AST/ALT ratio
- Blood count
- Blood group and RH
- Blood urea nitrogen
- BUN/Creatinine ratio
- Calcium
- Carbon dioxide
- Chlorine
- Coprological test
- Creatinine
- Direct bilirubin
- Gamma-glutamyl transferase (GGT)
- Globulin
- Glucose
- HDL cholesterol (High-Density Lipoprotein)
- HIV 1-2 ACVIH AG P24
- Indirect bilirubin
- Lactate dehydrogenase (LDH)
- LDL cholesterol
- LDL / HDL cholesterol
- Lipase
- Magnesium
- Na/Cl difference

- Phosphate
- Potassium
- Prostate-specific antigen
- Sodium
- Total bilirubin
- Total cholesterol
- Total cholesterol / HDL cholesterol
- Total protein
- Triglycerides
- Ultra-sensitive PCR
- Uric acid
- Urinalysis (clinical urine test)
- Very low-density cholesterol VLDL



Medical Evaluation

- Nutritional assessment
- Ophthalmological exam
- Evaluation by internist (medical history and physical examination)
- Interpretation and diagnosis



Radiology and Molecular Imaging

- Chest X-Ray AP
- Panoramic dental X-Ray
- Upper abdominal ultrasound



Cardiovascular Diagnostic Center

- Resting electrocardiogram

Cost of this Check up:

- Essential Male: \$16,000*

*Prices include VAT, in Mexican pesos. Valid until **December 31, 2026** or until further notice.
No account statements are provided for check-ups, as they are offered as a package.

Check-up available at Observatorio Campus and Santa Fe Campus

Ask about our other check-ups:

- **Children's Check-up**
- **General Check-up**
- **Complete Check-up**
- **Teen Check-up**
- **Gynecological Check-up**
- **Senior Check-up**

The check-ups are segmented by age group, however you can decide based on your health needs or medical recommendation.

Contact us

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