



# Check up 60+ Mature Male

The Department of **Preventive Medicine at ABC Medical Center** recommends this **Senior Check up** for the proper preventive assessment of patients. It includes:

**2026**



## Laboratory tests

- A/G ratio
- Alanine transaminase (ALT/GPT)
- Albumin
- Amylase
- Prostate-specific antigen
- Apolipoprotein B
- Aspartate transaminase (AST/GOT)
- AST/ALT ratio
- Blood count
- Blood urea nitrogen
- BUN/Creatinine ratio
- Calcium
- Carbon dioxide
- Chlorine
- Coprological test
- Creatinine
- Cystatin C
- Direct bilirubin
- Ferritin
- Gamma-glutamyl transferase (GGT)
- Globulin
- Glucose
- Glycated hemoglobin A1C
- HDL cholesterol (High-Density Lipoprotein)
- 25-hydroxycholecalciferol
- Indirect bilirubin
- Lactate dehydrogenase (LDH)
- LDL cholesterol
- LDL / HDL cholesterol

- Lipase
- Lipoprotein (a)
- Magnesium
- Na/Cl difference
- Phosphate
- Potassium
- Sodium
- Total bilirubin
- Total cholesterol
- Total cholesterol / HDL cholesterol
- Total protein
- Triglycerides
- TSH Ultrasensitive Thyrotropin
- T4L Free Thyroxine
- Ultra-sensitive PCR
- Uric acid
- Urinalysis (clinical urine test)
- Very low-density cholesterol VLDL



## Medical Evaluation

- Nutritional assessment
- Ophthalmological exam
- Evaluation by internist or geriatrician (medical history and physical examination)
- Interpretation and diagnosis

### Observatorio Campus

Sur 136 No.116, Las Américas,  
01120, Álvaro Obregón, Cd. de México.  
55 5230-8000  
Health Permit 2001003633

### Santa Fe Campus

Av. Carlos Graef Fernández No.154, Santa Fe,  
05300, Cuajimalpa, Cd. de México.  
55 1103-1600  
Health Permit 1005001030

[centromedicoabc.com](http://centromedicoabc.com)



 Institución de  
Asistencia  
Privada





### Radiology and Molecular Imaging

- Chest X-Ray AP
- Coronary calcium score
- Densitometry
- Panoramic dental X-Ray
- Pelvic ultrasound
- Upper abdominal ultrasound



### Cardiovascular Diagnostic Center

- Resting electrocardiogram
- Transthoracic echocardiogram

## Cost of this Check up:

### With spine and hip densitometry:

- Mature Male: **\$17,500\***
- Mature Male with spirometry: **\$18,200.01\***

### With full body densitometry:

- Mature Male: **\$19,000\***
- Mature Male with spirometry: **\$19,600\***

\*Prices include VAT, in Mexican pesos. Valid until **December 31, 2026** or until further notice.

**No account statements are provided for check-ups, as they are offered as a package.**

Check-up available at Observatorio Campus and Santa Fe Campus

Ask about our other check-ups:

- **Children's Check-up**
- **Essential Check-up**
- **General Check-up**
- **Complete Check-up**
- **Gynecological Check-up**
- **Teen Check-up**

The check-ups are segmented by age group, however you can decide based on your health needs or medical recommendation.

## Contact us

**Observatorio Campus** 55 5230-8000

**Santa Fe Campus** 55 1103-1600

[citas\\_medprev@abchospital.com](mailto:citas_medprev@abchospital.com)