



Transesophageal Echocardiogram

Date: _____ **Time:** _____

Place: _____

Your Transesophageal Echocardiogram is performed at the Cardiovascular Diagnostic Center and is available at both campuses of Centro Médico ABC: Observatorio and Santa Fe

Recommendations for the Day of Your Study:

- Please arrive **15 minutes** before your scheduled appointment time with your **medical prescription/order**.
- Do not eat or drink anything for at least 6 hours before the study.
- Please come accompanied, as you will receive sedation during the procedure and may feel tired or drowsy afterward.
- It is recommended to wear comfortable two-piece clothing that is easy to remove for electrode placement on the chest, as well as tennis shoes or comfortable footwear.
- During the study, an intravenous (IV) line will be placed for the administration of medications and solutions.
- If you have diabetes, please consult your physician before the study to determine whether any special instructions regarding your medications are necessary.
- If you are taking any medication, please contact your physician beforehand to confirm whether there are any special instructions regarding its use prior to the study.
- If you are taking GLP-1 agonist medications such as Ozempic or Rybelsus, it is important to consult your physician to determine whether you should stop taking them a few days before your study.

For questions, preparation instructions, or additional information regarding your Transesophageal Echocardiogram, **please contact the Cardiovascular Diagnostic Center directly.**

Cardiovascular Center

Monday to Friday **Saturdays and holidays**
7:00 A.M. to 8:00 P.M. 7:00 A.M. to 2:00 P.M.

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